# **CLINICAL SERVICES**

**General Clinic** - Provides Blood Pressures, general nurse visits, head lice checks, weight and immunizations per patient request. No appointment necessary.

**Adult Health** - Provides clinic services for women and men 18 years and older for a complete physical. Limited primary care. Call for an appointment.

**CDL Physicals** – Physicals provided during Adult Health Clinic. Call for an appointment.

**Laboratory Services** – Lab draws daily. No appointment necessary. Lab orders needed for most lab draws. Call for more information.

Family Planning - Physical examinations,



counseling, choice of birth control methods and certain lab tests are provided. Fee based on family size and income. Serves men and women of reproductive age. Call for an appointment. Parental consent not required.

**STD Clinic Services** - Testing for a variety of sexually transmitted diseases are available through the clinic. Education counseling and future preventative measures are included. Treatment for certain STD's is provided at no charge.

Communicable Disease - TB, HIV, Hepatitis testing and other Communicable Diseases, provides counseling and assistance in accessing medical and support services as needed. Includes free lab tests to monitor these conditions.

# **Breast & Cervical Cancer Control Program -**



Clinic held each week. Provided to eligible women age 40-64 who are uninsured and meet income criteria. Free physical examination and referral for mammogram.

Wisewoman Project - A cardiovascular disease program for BCCCP eligible women. Provides education on weight loss, stress, decreasing 

\*\*NC WISEWOMAN\*\* cholesterol, diabetes, and high blood pressure.

Pregnancy Care Management (PCM) - Program by a Registered Nurse (RN) for prenatal patients who need help with access to medical, social, educational or other services in the community.

# CHILDREN'S SERVICES

Child Health - Referral services for uninsured children birth through 21 years of age for routine checkups only. Authorizations for appointments are made by Swain County Health Department Staff. Program also provides car seats for eligible children.

Women, Infant & Children (WIC) – An



electronic supplemental food program for women, infants and children. You may be

eligible if you are pregnant, breastfeeding, or have a child under 5 years of age.

**Breastfeeding Support Project**- Books, video tapes, breast pumps, one-on-one instruction and support is provided to women who would like to, or who are currently breastfeeding.

Care Coordination for Children (CC4C) - A program that serves children from birth to 5 years of age who meet certain risk criteria. The main goals of the program are to improve health outcomes by providing education and support for families.

Infant Safe Sleep - Sudden Infant Death

Syndrome (SIDS) Counselors are trained in Safe Sleep NC Training at the health department.



# **Immunization Tracking and Services -**

Provides immunization services to children. Also provides adolescent and adult immunizations upon request or as recommended.

Car Seat Safety – Provides a certified Child Passenger Safety Technician to teach how to install and remove infant and child car seats, per NC Child Restraint and Seat Belt laws.

# **COMMUNITY SERVICES**

**Health Education** - Services are provided to

promote healthy lifestyles. Individual counseling and wellness programs are available. Reports and additional data can be found at:



www.swaincountync.gov/ health

**Lifestyle Change Program** - a program that is focused on the prevention of diabetes. Call for more information.

**Personal Emergency Response Services -** A telephone alert system for emergency response. Medicaid or Private Pay.

**In-Home Aide Services** - Service providing direct patient care and emotional support. Aides provide assistance with day-to-day tasks such as bathing, dressing, feeding and home management. Aides are trained to meet various levels of required care.

Home & Community Care Block Grant (CHORE PROGRAM) – Program provides services to individuals 60 years of age or older. Services include basic household tasks, meal preparation and personal care services.

Environmental Health- Promotes and protects public health through routine inspection of restaurants, motels, schools, swimming pools, day cares, etc., proper design and inspection of sewage disposal systems and wells. Water quality sampling. Rabies investigation. Meth Lab cleanup oversight. Environmental Health complaint investigations.

**Community Preparedness** – Plans emergency services to serve the public in the event of bioterrorism, epidemics and other public health threats.





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### For additional information call 828-488-3198

Visit us on the web at <a href="http://www.swaincountync.gov/health-home.html">http://www.swaincountync.gov/health-home.html</a>

### **Facebook:**

https://www.facebook.com/SwainHealth/

**Swain County Health Department** 

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# Swain County Health Department



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> Open Monday-Friday 7:45 am – 4:45 pm

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